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March 12, 2019

VIA E-MAIL

David Carpenter, IYNAUS President
IYNAUS Board of Directors
B.K.S. Iyengar Yoga
National Association of the United States
P.O. Box 184
Canyon, CA 94516

Re: Manouso Manos

Dear Mr. Carpenter and the IYNAUS Board of Directors:

It is our understanding that IYNAUS has communicated to some of its members and India that a communication from IYNAUS regarding Manouso Manos will be forthcoming today or tomorrow.

Per Manos' and our letters of March 8, 2019, Manos voluntarily resigned his membership and is therefore no longer a member of IYNAUS. As you know, with respect to any ethics complaints, if it is determined that an ethical violation has occurred the question of the appropriate sanction is referred to the Executive Council. The ultimate sanction that can be imposed is revocation of membership. Given that Manos is no longer a member, there is no further appropriate action to be taken with respect to any sanction as to the alleged complaints.

The actions by IYNAUS and Ms. West have already caused significant negative impact to Manos' reputation, emotional well-being, and ability to make a living. There is no legitimate reason at this point for IYNAUS to release the Investigator's report or any portion or summary thereof, or to otherwise disseminate communications about the alleged complaints or the "independent investigation" to members or anyone else. Any such releases or communications

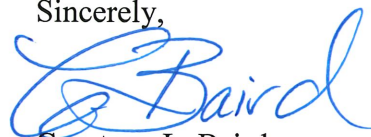
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would be done by IYNAUS only to retaliate against Manos and intentionally cause him further harm.

Please be advised that Manos will pursue all available legal claims, actions, and relief against IYNAUS, the Board of Directors, and any other individuals who are responsible for further reputational, economic, and emotional harm to Manos.

Sincerely,



Courtney L. Baird

Michael L. Lipman